

# Glucostat (Diabetes)

- MP 1407 -

## High blood sugar? Overweight?

### Strengthen sugar and fat metabolism

Too many sweet, heavy foods, long-term stress and lack of exercise can contribute to a sugar intolerance. The **Glucostat** herbal formula is a powerful combination of herbs that improves the body's natural ability to metabolize sugar.

**\*NOTE: *Not* recommended if you have low blood-sugar.**

### This formula:

- Provides nutritional support for healthy blood glucose level
- Supports body's healthy processing of carbohydrates
- Helps balance/rejuvenate kidney function

### The herbs in Glucostat help these ayurvedic factors

- Aid digestion and assimilation of vital nutrients
- Help rejuvenate nerve cells in the legs
- Strengthen kidney function
- Flush out impurities
- Balance your blood chemistry
- Support normal functions that can be strained by poor sugar metabolism

## Herbal Masterpiece

The herbs in all of the recommended formulas are combined in precise proportions and prepared in the traditional *ayurvedic* way. This improves the bio-availability of vital nutrients. It also creates synergy — the collective benefit is much greater than that of isolated, individual herbs.

- Ashwagandha is one of the foremost herbs for balancing Vata and improving nerve function.
- Boerhavia(Punarnava) helps strengthen liver and kidney function.
- Punarnava means "that which can make one new again."  
It helps the body flush impurities for smooth operation of nephrons (kidney cells). It also supports the effect of Ashwagandha which enhances nerve function in the legs.

## Helps improve these ayurvedic factors:

- Fluid balance and mucus in the lungs and sinuses (Kapha)
- Toxins in the lungs from the interaction of Ama and phlegm production (Shleshma)
- Elimination of improperly digested impurities (Ama) that block the flow of nutrients in the micro-circulatory channels (Shrotas)

## Herbal Masterpiece

The herbs in all of the recommended formulas are combined in precise proportions and prepared in the traditional *ayurvedic* way. This improves the bio-availability of vital nutrients. It also creates synergy — the collective benefit is much greater than that of isolated, individual herbs.

- Indian Elecampane, the primary ingredient, is a potent relative of the Elecampane plant. It combines with Licorice and Hyssop to help regulate mucus and moisture.
- Long Pepper, combines with Black Pepper and Chinese Pistachio to help improve nutrient circulation.
- Holy Basil aids the innate defense systems associated with common seasonal discomforts.



www.maharishiayurveda.com

### ***Ingredients:***

- Indian Elecampane
- Licorice
- Hyssop, Long Pepper
- Chinese Pistachio
- Greater Galangal
- Holy Basil
- Pepper
- Clerodendrum Serratum

### ***Herbal Recommendations:***

Take 1 to 2 tablets twice daily with warm water.

To support the body's natural defenses, take for 45 days at the start of flu season and/or 45 days after the desired comfort and result is achieved.

Keep out of reach of children.