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Blissful Sleep Tablets

-MA 1778-

Trouble falling asleep at night?

Fall asleep naturally.

Enjoy a more restful, more refreshing quality of sleep.

A really good night's sleep can help you awake with an "I can conquer the world today" feeling. You feel recharged, rejuvenated. The Blissful Sleep herbal formula helps you get a deeper, better quality of sleep every night, helping you feel more vital and alive the next day. The herbs in this synergistic formula produce a calming, balancing effect on the body, mind and emotions.

Natural sleep aid for falling asleep faster and enjoying deeper, more refreshing sleep; balances, nourishes

Blissful Sleep Tables – MA-1778 30 Tablets of 1000mg

Traditional ayurvedic sleep aid, including:

- indian valerian: targets falling asleep
- supports sound sleep
- wake up refreshed, no morning fog
- ashwagandha: boost resistance to stress
- indian tinospora: balance & nourish mind & body
- view published [research](#) on Blissful Sleep
- vata & pitta balancing (vpk®)

This vata-balancing product helps with falling asleep.

If staying asleep during the night is an issue, try **Deep Rest** as well.