

# Maharishi Amrit Kalash

*Our Flagship Product for a Healthy Individual*

## **Nutrition**

### **Rasayana therapy**

MA 4 Amrit Kalash Paste and MA 5

- First and most important "Rasayana" (Charaka Samhita)
- „Immunity Booster of the Year 2020 Award“ India
- Strong lungs, heart, liver and nerves
- Free radical scavengers - protects against the effects of stress and environmental toxins
- Increases resistance to disease and the aging process
- Protects against infections



**Amrit Kalash®** is a two-part formula for balanced, complete support. It works most effectively when both parts are taken—the Nectar and the Ambrosia. Rare, whole herbs and fruits are combined in precise proportions in this powerful formula to keep the body functioning at peak efficiency and filled with vitality.

**What the Ancient Text Says:** Maharishi Amrit Kalash was developed thousands of years ago by enlightened Ayurvedic sages. The oldest existing Indian Ayurvedic text, Charak Samhita, lavishes high praise on this traditional formulation, listing the following qualities:

- Enhances longevity**
- Boosts memory**
- Sharpens the intellect**
- Improves quality of voice**
- Makes speech more effective**
- Increases the stamina of the senses**
- Keeps the body and the mind youthful**

**1. Amrit Kalash®** reminds the body to produce ojas. According to the Ayurvedic texts, ojas is the "nectar of immortality". It is said to be the finest end product of the digestive system, the most refined end product of the food that we consume. This substance is the coordinating basis for all the different aspects of the body and nervous system, resulting in vastly improved health. It also provides the best co-ordination between mind and body, consciousness and the nervous system. Ojas results in Soma, which allows the nervous system to experience both individual consciousness and unbounded consciousness at the same time, according to **Maharishi Mahesh Yogi**.

Chemical analysis shows that **Amrit™** contains an abundance of phytochemicals natural chemicals from plants, that protect against disease and have many other beneficial properties, including strong antioxidant power. **Amrit™** Helps improve all major functions of the body, including the heart, brain and metabolism.

### **Amrit Kalash® are made in two variations:**

- 1. The standard Amrit Nectar Paste (MA-4 or MAK-4), 600gm jar containing raw sugar, honey and ghee (purified butter), and*
- 2. Amrit Nectar Tablets (MA-7 or MAK-7) from which the sugar and ghee has been removed, making it user-friendly for non-sugar and non-dairy consumers, 60 Tablets in bottle.*

### **Ingredients:**

- Aloeweed
- Butterfly Pea
- Cardamom
- Cinnamon
- Cyperus
- Dried Catkins
- Ghee
- Honey
- Indian Gallnut
- Indian Gooseberry
- Indian Pennywort
- Nutgrass
- White Sandalwood
- Whole Cane Sugar
- Castor Root
- Country Mallow Thatch  
Grass Eragrostis-  
cynosuroides
- Indian Asparagus
- Spreading Hogweed
- Giant Potato
- Licorice
- Shoe Flower
- Sugar Cane
- Turmeric
- Winter Cherry
- Indian Kudju Trumpet  
Flower
- Desmodium-gangeticum
- Small Caltrops
- Phaseolus trilobus
- Teramnus labialis
- Bengal Quince
- Cashmere Bark
- Uraria picta
- Yellow-berried Night  
Shade



MAHARISHI  
-ayurveda-

This renowned herbal fruit concentrate contains more than 38 herbal, fruit and all-natural ingredients meticulously combined. All-natural ingredients with no preservatives.

The effectiveness of the Nectar paste lies not only in the ingredients, but also in the method of preparing it. After more than two hundred steps, twenty two kilograms of herbs are concentrated into one kilogram of nectar paste.

## 2. Ambrosia Herbal Tablets – MA-5:

Traditional Ayurvedic formula of 13 herbs that supports the health of mind, brain, and nerves; increases vitality and inner strength; powerful antioxidant—research shows it to be up to 10,000 times more effective than Vitamins C and E.

### Ingredients:

- Meda Milkweed
- Black Musale
- Heart-leaved
- Moonseed
- Butterfly Pea
- East Indian Globe
- Thistle
- Licorice
- Vanda Orchid
- Elephant Creeper
- Indian Wild Pepper.

This prized formula contains nine rare Ayurvedic herbs to help balance the mind and body at their deepest level:

All-natural ingredients with no preservatives.

**Amrit Kalash®** enhances coordination of mental and physical functions, supports balance between the heart and the brain and is a powerful antioxidant.

Our physiology is continuously performing millions of tasks, which maintain order and balance in its functioning, allow for growth and evolution, and bring about increasing achievement and fulfillment.

The perfect order displayed in the human physiology and throughout the universe is based on Laws of Nature that have been studied by modern science for more than 250 years.

The profound insights into the ancient Vedic Literature, brought to light by His Holiness Maharishi Mahesh Yogi over the past 40 years, have guided the discovery that the laws that construct the human mind and body are the same as those that give structure to the syllables, verses, chapters, and books of the Vedic Literature, and to the administering intelligence of Natural Law described in the Vedic Literature as Vedic Devata.

The human physiology (including the DNA at its core) has the same structure and function as the holistic, self-sufficient, self-referral reality expressed in Rik Veda. The specialized components, organs, and organ systems of the human physiology, including all the various parts of the nervous system, match the 40 branches of Veda and the Vedic Literature one-to-one, both in structure and in function. This structure and function of Natural Law in its 40 aspects is also available in every cell of the body and in the DNA of every cell. Various groups of components of the human body have also been found to correspond in structure and function to the administering intelligence of Natural Law described in the Vedic Literature as Vedic Devata.

This discovery has unfolded the secrets of orderly functioning of all the organs in the body and how this orderliness can unfold its supreme quality, expressed as the absolute order in the infinite diversity of the universe. This discovery has opened the possibility for human existence to rise to the level of order that is sustaining the universe, and thereby gives the experience of Aham Brahmasmi - 'I am Totality' to everyone. For detailed information on this discovery see the book titled "Human Physiology Expression of Veda and the Vedic Literature" by Professor Tony Nader

This discovery has rendered the study of physiology to be the actualization of the supreme philosophy of life, which establishes individual consciousness and national consciousness on the level of Cosmic Life.

Study of physiology in terms of the structure of Veda is that revelation of our scientific age which raises the individual dignity of human beings to the cosmic dignity of the Universe.

It is my joy to state that this discovery of Veda and the Vedic Literature and the Vedic Devata in human physiology is the textbook of Total Knowledge to bring complete enlightenment to everyone, simply because it is the presentation of the essence of the entire field of modern objective science and ancient subjective science.

There is nothing beyond one grand field of consciousness, which holds: body is mind-matter is intelligence-physiology is consciousness.

This discovery brings to light physiology in terms of its inner intelligence, whose impulses are available in the form of the sounds of Veda and the Vedic Literature.

This discovery and its practical application through the Vedic approach of Maharishi's programs offers perfection to mankind. It offers to create a disease-free, crime-free, problem-free society. It offers to prevent and eliminate problems of management in any organization, industry, or government. Every educator can be the custodian and 'bestower' of the fruit of all knowledge to everyone, a mistake-free, problem-free, healthy, happy life. The health care system of every country can achieve that supreme level of perfection where no sickness or suffering can occur.



MAHARISHI UNIVERSITY OF HEALTH SCIENCES

This discovery heralds the dawn of a new civilization and the fulfillment of the age long search for perfection in life. Heaven on Earth awaits mankind through this practical knowledge, which cherishes the physical diversity of the universe on the level of Unity self-referral consciousness, with the absolute authenticity of the eternal Veda, Natural Law, and its expression, the eternal universe.

It is my fulfillment that this discovery is being made available to the whole population through all channels of education and health in countries where science and scientific research are applied for the benefit of mankind. Maharishi Open Universities, Maharishi Vedic Universities, Maharishi Ayur-Veda Universities, and Maharishi Universities of Management are being established to bring perfection in life.